# The C-suite Agenda

- Blockbuster's bust: the chairman's view
- ls banning political discussions in the workplace ever a wise policy?
- CEO on the spot: 10 questions with Iñaki Ereño of Bupa



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#### The C-suite Agenda

THE TIMES

#### Contributors

#### Rohan Banerjee

Raconteur, leading its coverage of the finance interest to CFOs. He also and business strategy.

#### Sam Forsdick

Raconteur, leading its coverage of HR matters affecting the function ffering insights to guide C-suite HR professionals

#### Leo Rayman

A regular sustainability columnist and founder and CEO of EdenLab, a green growth and sustainability novation firm.

#### Raconteur

Ian Deering

Neil Cole

Laura Bithell **Brittany Golob** 

Jorden Evans **Emily Walford** 



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Sabrina Severino

Kellie Jerrard

Colm McDermot

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HR POLICY

## How to deal with political tensions in the workplace

With a general election approaching, Raconteur has surveyed UK workers about their attitudes towards discussing politics in the office. Would a ban on such conversations ever be the right measure for an employer to implement?

#### Sam Forsdick

ritish etiquette dictates that there are three subjects one should avoid broaching in polite company: money, religion and politics. But, given that a general election is likely this year, the last of these may soon become a big topic of discussion in UK workplaces.

This can pose problems for emplovers. With politicians increasingly prepared to foment the culture war in recent years, political debates are becoming ever more divisive. If conversations about polarising topics spill into the workplace, they risk causing disputes between colleagues and impairing teamwork.

Despite this, most people aren't shy about discussing politics in the office. A recent Raconteur survey of 1,000 UK workers in partnership platform based in London and New York), has found that 67% of respondents are either very or somewhat comfortable about doing so. Only 15% are uncomfortable.

"Over the past five years, there has been a big push from organisations to enable employees to speak up and bring their whole selves to work," observes Megan Reitz, associate fellow at the University of Oxford's Saïd Business School. "It's no great surprise that the nature of our workplace conversations has changed. Cultural norms and what's acceptable at work have been chucked up in the air quite a bit."

It's not only that employees are becoming more vocal. They're also increasingly keen for their CEOs to take a stance on political matters. This is particularly true of younger people: 18- to 24-year-olds are three times more likely than those aged 55 to 64 to want their bosses to discuss such issues openly.

Despite this growing pressure business leaders should speak out about "appropriate and legitimate" topics only, stresses N Craig Smith, chaired professor of ethics and social responsibility at the Insead business school

"You certainly don't want business leaders speaking out on every issue that arises," he says. "That would be distracting from what they're supposed to be doing and, probably, neither appropriate nor helpful."

A 33-year-old solicitor, who works for a UK-based law firm and asked not to be named, offers a case in point. She reports being left "appalled" by a senior colleague



when they stated that they "could | their daughter coming out as trans. "I couldn't believe this was being

said in the workplace," she recalls. This did not lead directly to a confrontation, but 19% of the survey respondents say they have fallen out with a colleague over political differences. Among those aged 18 to 24. the proportion rises to 25%.

"If you've invited people to speak up, you need to be prepared for the consequences," Reitz warns, The response from employers has

sometimes been draconian. In 2019. Basecamp made headlines after its CEO, Jason Fried, banned all "societal and political discussions" from workplace communications, for instance. A year later, cryptocurrency exchange Coinbase took a similar stance when it outlined its rules for an apolitical employee culture. About 60 people quit both

ousinesses as a result of the changes. These sorts of blanket bans remain relatively rare: about 10% of survey

of employees aged 18 to 24

would like their CEOs

to speak out about

political issues

respondents have been banned by not imagine anything worse" than their employers from talking about to be respectful of everyone's opinpolitics or other contentious topics in the workplace.

Although it is legal for an employer to restrict the types of conversations its employees engage in at work if it has a reasonable concern that such discussions could create a hostile environment or damage the organican create "all sorts of trouble" for businesses. Reitz warns.

The main problem is the lack of clarity about which topics could be considered political. This makes it particularly tricky for the employer to police a ban effectively.

"What is political is very subjective. This can create misunderstandings about what is and isn't allowed at work," Reitz says, "The risk is that people will still have those conversations, but they will just go underground and pop up far more explosively further down the line."

Other restrictive policies, such as bans on the wearing of garments

> of employees fee discussing politics in the workplace

phernalia are slightly more common (reported by 18% and 16% of respondents respectively). Overall 42% have had at least one such restriction imposed by an employer Smith notes that the nature of the employees' work can determine whether such policies are apt.

carrying political slogans or logos

or on the display of political para-

"You don't want staff in customer facing roles to be arguing about whatever political issue is riling people at the time – the Israel-Gaza war or Brexit, for instance," he says 'In that context, you may need quite ringent measures in place."

Nonetheless, many firms' HR poliies are ill-equipped to deal with the polarised nature of modern politics That's the view of Sophie Clifford, principal consultant at workplace strategy consultancy Byrne Dean.

"For several years, companies have simply told their employees ions, but that is clashing with how strongly people feel about current issues," she reports. "Employers are terribly nervous, because all they have to fall back on are these loose and ineffective policies.

Firms should also equip employ ees with the necessary skills for sation's reputation, such a policy | holding contentious conversations according to Terez Rijkenberg, chief people officer at transformation consultancy Socium10X. These include emotional regulation, empathetic listening and critical thinking.

> She warns that an outright ban on political conversations could lead to increased feelings of suppression and discontent. Such sentiments are particularly strong among gen-Z pondents, who are 50% more likely than average to report being vented by their employer from airing their political views at work.

"Rather than avoiding political discussions, organisations should embrace them as an opportunity strengthen their culture, ijkenberg argues

Stifling dissent is rarely a success ful ploy. Businesses do best when they listen to a wide range of views Teaching employees the skills to

engage in constructive dialogue with those who hold different opinions should help to reduce the risk of inter-colleague conflict and also encourage more productive interactions.

As Reitz notes: "If the people in your business are incapable of having a conversation where they disagree with one another, you have much bigger issues." 🌑

### 'We're more interested in measuring the hole than climbing out'

Leo Rayman, a Raconteur columnist and CEO and founder of EdenLab, explains why sustainability measurement is in desperate need of a rethink

tainability manager. They better off measuring these: nave world-changing agen das but have been allocated 'tinkering' budgets. Too many spend more time on reporting than on making the deep changes we need.

Today, sustainability is 'disclosure' | net zero. You'll pluck the low-hang-- we have the Task Force on Cli- ing fruit and then hit the wall. So mate-related Financial Disclosure, how far ahead are you looking? How the Corporate Sustainability Report- many truly radical ideas for fuing Directive, the Carbon Disclosure | ture-proof business models, prod-Project and many more frameworks.

Don't get me wrong, it's hard to im- line? How many are you testing each prove if you don't know where you're starting from. Establishing a baseline for greenhouse gas emissions or slavery in supply chains isn't unimportant. We all want businesses to be

Transparency can even be a competitive advantage. Consider for a post-carbon portfolio of products instance how Tony's Chocolonely wields its supply chain traceability clean, green revenues, track it and child-free labour over the rest of the chocolate industry.

'What gets measured gets done' is so you can see the growing pie. repeated so often that we take it as truth. Except it isn't.

Targets initiative, which assesses company decarbonisation plans, head-nodding agreement on the susdowngraded 239 companies including tainability problem. But it doesn't ing P&G. Microsoft and Walmart. | mean they're aligned on how to make for missing their commitments on emissions reductions.

We're in the grip of a measurement cult. A cult more interested in meas- what sustainability means for their uring how deep the hole is than in role? Or are we making outward having a hole management plan and grabbing a ladder.

The big management consultancies, the carbon accountants and hundreds of startups serving them with proxy emissions data are all as well as your ROI complicit in building a high-precision rear-view mirror, Heads down in show. The winners are those who calculations and data capture, they're missing the giant obstacle in the road ahead.

assumption that the past is a reliable guide to what comes next. Well, I have news: when it comes to climate breakdown, it isn't. Even the best scientists aren't entirely certain how things are going to unfold. Many of the models that we're relying on are linear and built in isolation.

But climate change is not a gentle upward glide of rising temperatures, it is an unforeseen chain of events as complex systems interact and spiral out of control. How will your metrics serve you then?

I'm not here to depress or scare you But we must put this 'measuremen as procrastination' exercise out of | Leo Rayman business. Instead of traditional sus- | CEO and founder, EdenLab

ou've got to feel for the sus- | tainability metrics, firms would be

#### Measure how radical vou're being

If you're tinkering with business as usual, vou won't get anywhere near ucts and services are in your pipequarter and what's your hit rate?

#### green share of market

The future is undoubtedly post-carbon (post-fossil-fuel-carbon, to be against your competition and do some clear-eyed demand forecasting

#### Just this month the Science Based you're all in the same place Many leadership teams get into

solutions real or workable. Assess the alignment of vour people. Do they have a clear guide? Do they know pledges and commitments while internally everything is a permanent work in progress?

We need a return-on-carbon award low- or no-carbon emissions. The heroes of the new economy are those All this measurement makes a big that build thriving businesses that don't destroy their own backyard.





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peace of mind," says chief executive

and founder Neven Dilkov. "Nowadays,

Nowadays, internet

commodity just like

should need to think

about it. Our job is to

make sure you don't

electricity and tap

water - nobody

connectivity is a

worldwide - it's not hard to see why.



'Blockbuster was not doomed to fail at all'

Was the company a victim of myopic strategy and poor financial stewardship or sheer bad luck? Its chairman and CEO in 2007-11, James Keyes, talks candidly about the video-rental firm's final years and shares three lessons he took from the experience

> really wasn't a strategic advantage [to investing].

> In 2007. Keyes was identified as the ideal candidate to turn around a beleaguered Blockbuster, owing to the success he'd had leading the convenience store chain 7-Eleven Between 1985 and 2005, he'd held several senior positions at the retailer, including CFO, COO and, from 2000, CEO.

During his tenure at 7-Eleven Keyes successfully restructured the siness following bankruptcy, helped to reverse a decade-long run of declining same-store sales and led it to 36 consecutive quarters of evenue growth.

Technology was the single biggest contributor to its upturn in fortunes. according to Keyes. Taking cues from the success of 7-Eleven's Japanese stores, the US operation brought in new technology that enhanced the decision-making capabilities of its store managers. They, rather than distributors and central office, were granted the freedom and the know-how to set their own delivery schedules and decide which products to stock.

"We didn't take the people out of the equation. Instead, the tech nology enhanced their ability to be better retailers." Keves recalls.

There was optimism that he could achieve a comparable turnaround at Blockbuster, partly because the business was so far behind the technological curve

"Blockbuster was still early in its digital transformation when I joined the business. Its core systems were programmed in Fortran - an early computer programming language that's one step above punch cards, Keyes says. "It hadn't upgraded its technology to even maintain effec tive operations inside the stores

replaced Antioco as CEO in 2007. "This is like asking someone: 'Why didn't you buy Apple stock in 1985?" Keyes says. He maintains that he would have done the same as Antioco

if he'd been at that meeting. "I'd also have said 'no' at the time All Netflix had in 2000 was DVDs by mail, which was absolutely something that Blockbuster could repli

had just started offering its new sub-

scription model. The pair offered

Blockbuster a 49% stake in their

That rejection is widely regarded

as one of the biggest mistakes in

business history. Fast-forward to

today and Netflix has a market

capitalisation of just over \$250bn

(£200bn), while Blockbuster is

defunct, having filed for Chapter 11

Many people believe that the

Netflix rebuff sparked Blockbuster's

fatal decline, but that's an easy con-

clusion to draw with the benefit of

hindsight, claims James Keves, who

bankruptcy protection in 2010.

three-year-old business for \$50m -

and were laughed out of the room.

All Netflix had in 2000 was DVDs by mail, which was absolutely something that cate on its own," he recalls. "There | Blockbuster could replicate much less be able to enter the digital age with streaming.

It's apparent that Blockbuster never did catch up. Most industry observers pointed to the company's failure to keep pace with digital advances in the industry as the main reason for its downfall. Dan Rayburn was one such analyst. Writing for businessinsider.com in 2010, he noted: "When asked different questions about Blockbuster's digital strategy... Keyes responded by saying things like 'these times demand a conservative approach' and 'we will proceed cautiously as to how aggressive the company should be'. For a company that has almost no digital offering today, those are some pretty scary statements."

The reason for this conservatism was the fact that Keyes believed Blockbuster's shops could still generate more cash.

"We had to focus on fixing the stores and generating more cash, so that we could invest in the digital future," he says.

This left the business playing catch-up with the digital disruptors. To overcome that challenge, Keves' plan was to focus on securing exclusive material that would grant his company a useful competitive advantage. Its acquisition of the now-defunct video-on-demand service Movielink - a joint venture involving five big Hollywood studios

- gave Blockbuster a substantial digital film library and a streaming platform that would enable it to compete with Netflix. But that deal was sealed in August

2007, just before the global financial crash. This posed a serious problem for Blockbuster because it was yet to repay the near-\$1bn of debt it had been loaded with by its former owner, Viacom, before it was spun out in 2004. The large amount of hard to justify additional spending on its digital offering to shareholders when most of Blockbuster's revenue still came from its physical stores. This meant that the business was unable to secure exclusive rights to the Movielink catalogue.

"It's a lot more challenging to do a major transformation in a public market environment," Keyes says. "If I had a crystal ball, I would have

acquired Movielink's content and locked it down exclusively. It would have left Netflix with very little content to stream, but we passed on that opportunity."

When he tried to buy struggling I'd have acquired electronics retailer Circuit City in 2008. Keves saw a chance to bundle Blockbuster's on-demand offering and locked it down with sales of its devices. "It could have been a Trojan horse for our exclusively. It would video-streaming service," he says.

But several analysts saw this as a last-ditch bid by a former 7-Eleven | with very little boss to rescue another retailer. rather than a long-term strategic play. Jim Cramer, the host of popular CNBC TV show Mad Money, even added Keyes to his Hall of Shame for proposing the purchase.

Keyes found the constant criticism wearing. "It's not fun at all," he says. "Most of my friends and family were this, rather than any failure to keep saying: 'Jim, get out of there.'

its bid for Circuit City after going through the due diligence process.

Keyes believes that it's important in such moments to keep in mind | forced us to restructure," he says. that others aren't privy to all the data you can see as a business leader. the Blockbuster brand could have

"When someone online accuses you of screwing up the company, you need to remember they weren't looking at the balance sheet at the at all. Blockbuster had huge potentime," he says. "That's what allows | tial," he argues. "If we'd put together you to continue to the next opportule the pieces of the puzzle that I'd nity, recognising that you did your planned, we'd have had older movbest with the information and ies exclusively and new releases on resources you had at the time."

Blockbuster was the decision of the competitive with Netflix."

If I had a crystal ball, Movielink's content have left Netflix

studios it had partnered with to go from 90-day credit to cash. It was up with the likes of Netflix and Blockbuster ultimately withdrew Redbox, that proved fatal to the business, according to Keves.

> "It made it impossible to sustain the company at that point and

Yet Keyes remains convinced that survived had circumstances been slightly different

"I don't think it was doomed to fail demand too. If that had happened, I The final "crushing blow" for think we would have been strongly

#### James Keyes' three pieces of advice for business leaders

"All business leaders should understand the importance of cash flow, but the bigger the corporation. the harder it is to persuade people to accept that fact. This is the main difference between being held to an earnings-per-share standard and Ebitda.

"The reason that Ebitda is so important in a private company is the ability to satisfy financial obligations. During difficult economic times, as we have seen in the past year, businesses must be extraordinarily focused on cash flow so that they don't find themselves behind the power curve."

"Lesson number two is the importance of embracing change and communicating that change throughout "Change is always difficult - it can be challenging to

communicate the difference between a subscription strategy and an on-demand strategy, for example. Having people rally around that strategy requires tremendous clarity. That makes good communication during challenging times extremely important."

"The third lesson is a little more personal. When you're going through tough times, there's a tendency for people to take criticism personally. "There was a picture of me in the New York Times with a Pinocchio nose, for instance. Even though you

know you're doing the right things and proceeding on a strategic vision, the criticism is easily lobbed in from the outside. That sort of thing is hard on your friends and family. You have to block out the noise. At the end of the day, it's business; it's not personal.



content to stream



world. Neterra now also offers managed nternet connectivity is a commodity just like electricity and tap water services to a host of businesses of all sizes, operating in 74 countries worldnobody should need to think about it Our job is to make sure you don't." wide. The company provides everything from internet connectivity and secure

Dilkov recalls an incident earlier in the vear when a small business customer called and needed help at ar office location in Sao Paulo. "We flew an engineer there to resolve

the issue," says Dilkov, "We found out who the suppliers of the redundant line were, negotiated separately with them to recover the service and identified a third supplier to ensure that if those two failed we would have another option. The new services were ready within a week with no additional cost to he customer.'

Dilkov continues: "There are two types of solutions: an urgent one and a permanent one. We did both. The service was restored, but we also made sure that there was a long-term solu

Being a smaller, more agile service provider means you have the luxury of being more flexible than bigger competitors and can get to know your customers' needs intimately - something that Neterra prides itself on.

"The communications landscape s becoming increasingly complex says George Szlosarek, non-execu tive director at Neterra. "Enterprises require constant uptime and security across fixed fibre, mobile and satellite technologies."

At a time when traditional telcos are consolidating or retrenching to invest

in their core, regional markets, and are unable to provide the services needed to meet the rapidly evolving needs of nultinational businesses, a one-sizefits-all approach is no longer adequate.

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"Few companies remain with the expertise to handle global requests. deliver solutions and proactively address operational issues. This is where Neterra excels." Szlosarek savs.

The expanding, multifaceted and nterconnected nature of operating a multinational business today means that enterprises need reliability. And with ever-evolving cybersecurity threats, while organisations continue to rapidly adopt new technologies and ays of working, businesses need that peace of mind like never before.

"It's all about the customer expe ience. Today we live such complex oothered about why a failure happened. They just want to be up and unning, knowing they have a parter on whom they can rely in mul iple markets," Szlosarek says. "It's mindset. It's a customer-centric approach. And it's what we always

To find out more, please visit





Environmental, social and governance (ESG) considerations have become increasingly important for companies over the past 20 years. As reporting regulations continue to be introduced in key jurisdictions across the globe, ESG accountability is no longer simply a matter of compliance, or consumer appeal. Investors too expect the companies they back to take real measurable action to reduce their carbon footprint and avoid negatively impacting the societies in which they operate

#### WHAT DO INVESTORS WANT COMPANIES TO REPORT ON?

Share of investors who say it's important to report on the following

The cost of meeting the sustainability commitments the company has set	<b>76</b> %
The effect of sustainability risks and opportunities on the company's financial statement assumptions	<b>75</b> %
The impact a company has on the environment or society now and in the future	<b>75</b> %
The road map to meet the sustainability	7/10/

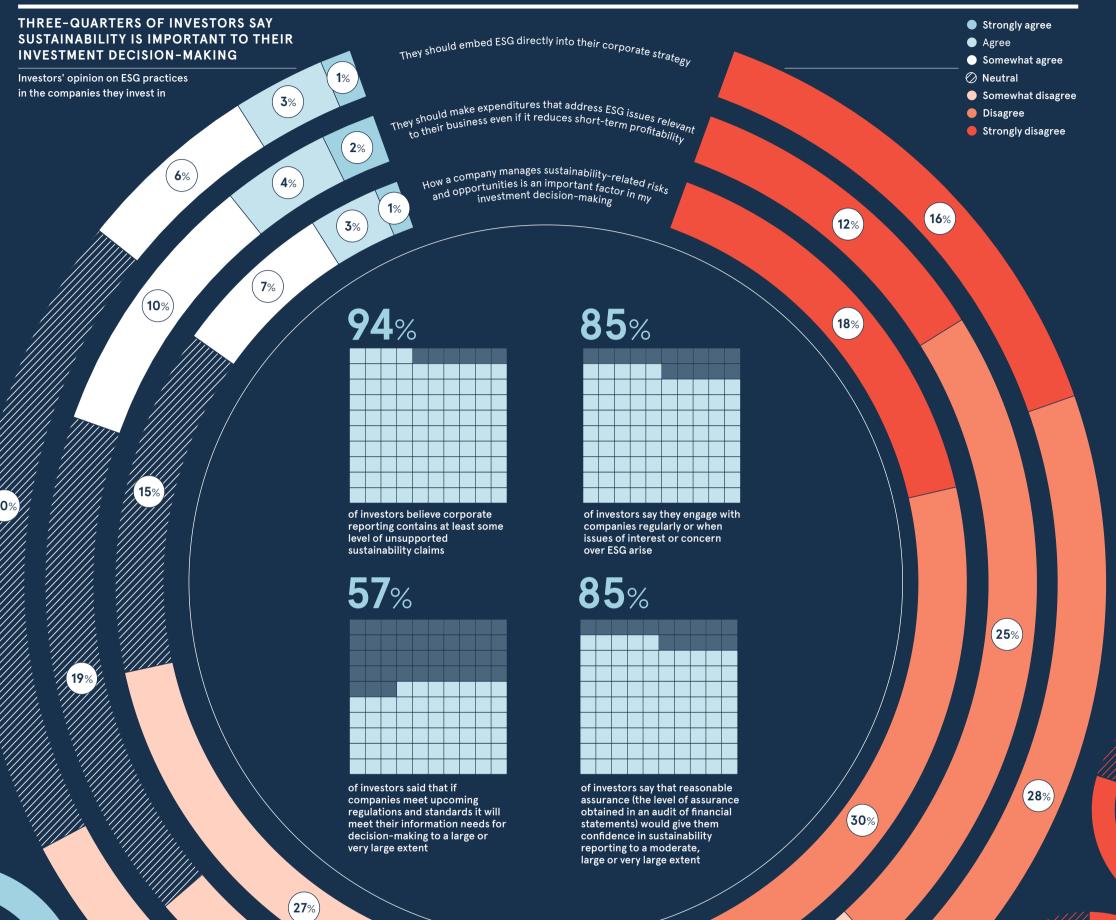
#### CLIMATE IMPACT IS BEST COMMUNICATED IN MONETARY TERMS

Share of investors who agree with the following statements about ESG reporting practices (of investors who believe ESG investing is important)

Putting a monetary value on a company's impact would help companies to better integrate any potential trade-offs between environmental and social issues into their decision-making processes

**75**%

Companies should disclose the monetary value of the effect their operations or other activities have on the environment or society

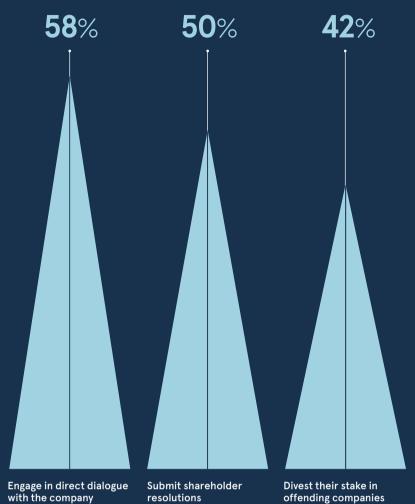


(29%)

(26%)



Investors' actions if companies they've invested in fail to demonstrate that they are taking sufficient action on ESG-related issues



#### with the company resolutions

#### WHAT INVESTORS WANT IN AN ASSURANCE PRACTITIONER

Investors' who prioritise the following attributes in a reporting-assurance practitioner





interconnected view of business across all types of corporate reporting

77%
Experience

Experience in auditing complex organisations

Expertise in applying professional scepticism in assessing management's forward-looking estimates and judgments

Amid budget constraints, tech obsolescence and a lack of prioritisation, many businesses struggle to get IT modernisation right. A panel of industry experts discussed the challenges and essential strategies for effective transformation

hrough evolution, not revo- ways to serve customers. lution. Although firms that invest effectively in modern IT infrastructure are likely to be more innovative efficient and profitable IT investment strategies are under increased scrutiny owing to budget constraints, an accumulation of obsolete tech tools and a lack of understanding at the board level of how technology benefits

This was the message from a roundtable hosted by Raconteur and spon-

The crux of the problem, according to technology consultant and practitioner, is building a compelling business case for IT. "In this economic climate, there has to be an understanding internally of how technology drives commercial strategy."

Andrew Bateman, head of sales for global corporate and international banking solutions at fintech FIS, says that success comes when internal business partners understand how technology can deliver results for dif- Perhaps the biggest hurdle to IT modferent functions, such as HR, finance and marketing.

So how can business leaders rally support across the organisation for greater IT investment? And, what are the main roadblocks they'll need to contend with?

#### Ensuring IT is flexible and resilient

Byron Wilkinson, director of strategy consulting at Kyndryl, says IT modernisation will accelerate growth if companies have a clear plan, but adds that an effective plan must feature built-in flexibility

Given the pervasive uncertainty in today's business environment, leaders must be able to quickly adapt their IT | to keep it in good condition, they end cumstances. "One of the problems today is that many organisations are trying to solve problems with behemoth, two-year IT strategies," he says.

McCormack agrees, stressing that organisations must not attempt to transform all of their IT infrastructure at once. Agility is key, she says, in both the planning of a technology strategy of the need to transform and manage and in how new technology is deliv- | risk, especially cybersecurity risks. ered. "You need the flexibility to However, he says: "There will always be respond to trends, which means an some technical debt and you have to openness to experimentation."

Bateman, too, highlights the impor- You have to decide which are the pri tance of agility, particularly in the ority areas. financial services sector, where "the McCormack agrees that outlining

dernisation must happen constant pressure to discover new

However, for Jeffrey Wood, deputy director of ICT at Princess Alexandra Hospital NHS Trust an additional hurdle is that too many stakeholders in public sector organisations are still nervous about the security and longterm suitability of new IT tools.

"Cloud resilience is a big thing and people need to be able to trust the technology and know there are backups," he says. "If an IT system goes down in a hospital the consequences sored by Kyndryl, the world's largest IT | can be serious because, ultimately,

Wood, whose background is in the private sector, notes that many of the technology solutions used by private "When I first joined the NHS Trust, 65% of our IT equipment was more than seven years old. But because we have demonstrated the efficiency benefits of having modern IT, now less than 10% is older than five years."

#### Tackling technical debt

ernisation is 'technical debt' - essentially an account of the time and cost required to rework a poorly planned IT system. Firms can find themselves in technical debt when they compromise on the quality or functionality of the technology that they invest in, or when they fail to maintain or update their systems regularly.

Wilkinson believes technical debt is reaching a crunch point for many organisations, which now acknowledge the need to modernise their I' infrastructure

"Consider someone who has a car but doesn't spend anything on it for five years. Instead of paying £200 a yea five years because they have not kept your business and organisational practices will be evolving.

Bateman adds that companies must keep on top of technical debt because address different issues over time

pace of change is fast and there is | priorities is crucial to addressing | everyone in an organisation



ment decisions around IT modernisation must be assessed based on risk. customer need and where business revenues come from. "There has to be someone internally who can broker these discussions, because technological change impacts everyone in an organisation.

Dr Nicola Millard, principal innovation partner at BT, says a crisis situation can usually help to identify priority areas for investment. Moreover, it is often during difficult times that nnovation and modernisation occur. One such example of necessity leadmodernisation that occurred during

There has to be someone

internally who can broker

these discussions, because

technological change impacts

The panel was adamant that modernisation must be continuous but accepted that it can be tricky to always keep employees onside people how new technology makes life easier for them as individuals, for the

> "Does the technology allow for coland have people been educated properly on how to use it? Ultimately, is the IT system modern enough to help employees with their strengths and weaknesses? Technology is transform ing everything," she says, "so where is the common ground?"

cloud collaboration tools, when the

way employees worked changed over-

Millard says that it must be clear to

organisation and for the clients. And,

both the physical and virtual environ-

nents in which people work.

Modernisation is a never-

ending process

There was a general agreement that more CTOs should sit at the top table within businesses to help senior stakeholders understand why they should

care about modernising IT infrastruc-

ture and how to do it properly.

we saw that through the adoption of become more strategic because technology and customer needs are changing so quickly. McCormack, meanwhile points out that tech chiefs will be able to ask the best questions about IT investment and explain to others in the C-suite how technology will add value to their specific function

But, ultimately, tech leaders who can speak the language of their non-IT senior colleagues will have the most success in optimising and modernising their organisation's IT systems Kyndryl's Wilkinson insists that those

responsible for explaining the need for which factors CFOs and CEOs are measured on. With this knowledge, he says, it will be easier to get engagemen om all levels of the organisation and identify the priority areas for IT infra

For more information please visit



CEO on the spot: 10 questions with Bupa's Iñaki Ereño

The group CEO of the private healthcare provider gives his views on leading by example, work/life balance and what business can learn from sport

Iñaki Ereño held a variety of leadership roles in sales and marketing across the company's European and Latin American operations. In 2021, he was appointed CEO of the private healthcare group.

Born in Melilla, an autonomous city of Spain in north Africa, Ereño | and your team of your targets and holds a law degree from Comillas | the reasons that they've been set Pontifical University in Madrid and | the way they have. I think that CEOs an MBA from the University of can sometimes make a mistake by Navarra's IESE Business School. He | not "owning" their firms' targets. If also has a postgraduate diploma in vou are falling short, you need to ask advanced management studies from vourself why and address the rea the Wharton School of the University

Before Bupa, Ereño held senior jobs at Telefónica Group and Carrefour. He also founded an online retail startup back in 1999. The Covid-19 pandemic has made him an even vou have to lead by example. I hope stronger advocate for digitising business and making more health and know that I don't like to cut services available online.

good leader, why it's crucial to pick | their life outside work is also impor your battles and how he would ad- tant. I want the time in work to be as vise a successor to build on his work.

#### Did you always want to be a business leader?

It wasn't really my plan, to be honest. It just happened. My original aim was to be a sports star, but then nature did its job, I suppose, and that didn't work out for me.

My first role as a CEO was in 1999. believe in superstars, but I still want I founded a startup called Netels | them to have a winning mindset during the first wave of the internet. There are lots of lessons that busi-I led that for three years and then became the marketing director at Telefónica before joining Bupa as a a collaborative mindset and under general manager. Here I've worked stand that they are only as strong across sales and marketing, learning | as the weakest link. Wherever we opportunity to become CEO came along, which I graciously accepted.

#### What qualities make for an effective business leader? There are three common quali-

ties. First, you need a lot of energy. You have to be enthusiastic and when to walk away. You can't about your company, your product | face everything and you certainly or service and your own work. If you can't do that alone. You have to be show energy, you are more likely to careful how you expend your energy. get the same response from your If you run out of energy, that does staff. You have to lead by example.

fter joining Bupa in 2005, Second, you need to be inclusive You must involve people in your processes - don't just try to decide everything on your own without speaking to anyone else.

Third, you need to be results oriented. You must keep your eyes on the prize, always reminding yourself

#### Q staff think of you?

hope they think positively! One thing I truly believe is that that they can see me working hard corners. But hard work also needs Here he explains what makes a balance. I want my staff to know that productive as possible, but also comfortable and engaging, so that they enjoy doing what they do.

#### What do you look for when Q hiring, particularly among your leadership team?

I've always tried to ensure that we hire team players. I don't ness can learn from sport and this is one of them. People have got to have have a knowledge or skills gap, I'm always looking to plug it. I am never arrogant enough to think there's no

#### What's the best business Q advice you've received?

To choose your battles. I think you have to know when to fight not look good for your staff. So you

to me? So there is a big challenge for businesses to personalise their offerings and tailor these in such a way You have to know when to that people feel, when they make a fight and when to walk away. choice, that their choice really reflects what they want and need. You can't face everything

do fight, you must ensure that you

I think another thing is to be happy

in everything you do. If you're not

problems you have

What is the biggest

at the moment?

challenge facing business

is so much choice available, the big

question for every business is: how

can I make my customer more loval

I think that would have to be

retention. At a time when there

#### What's the main driver of change in your business? Particularly in the healthcar need to be smart about which battles

space, I think digitisation is you pick. Of course, for the ones you the big force. Covid made us think very quickly about remote care delivery for our patients and remote working for our staff. We've got to have the technology in place to cope with this evolving demand.

happy at work, you're not going to be happy outside work - and vice The Covid crisis caught a lot of versa. You need to have a positive businesses off guard. Now we have to attitude and think about solutions. make sure that as many of our prodrather than just focusing on the ucts and services as possible can be accessed and delivered online. This is to ensure greater convenience and also to ensure that we're prepared if, heaven forbid, there were ever another lockdown.

#### What's been your proudest Q achievement as Bupa CEO?

The one that sticks out has been to make sure that every

employee, in every part of the world, has health coverage. That's close to 100,000 people. It took the board exactly one second to sign that off. because every member knew it was the right thing to do.

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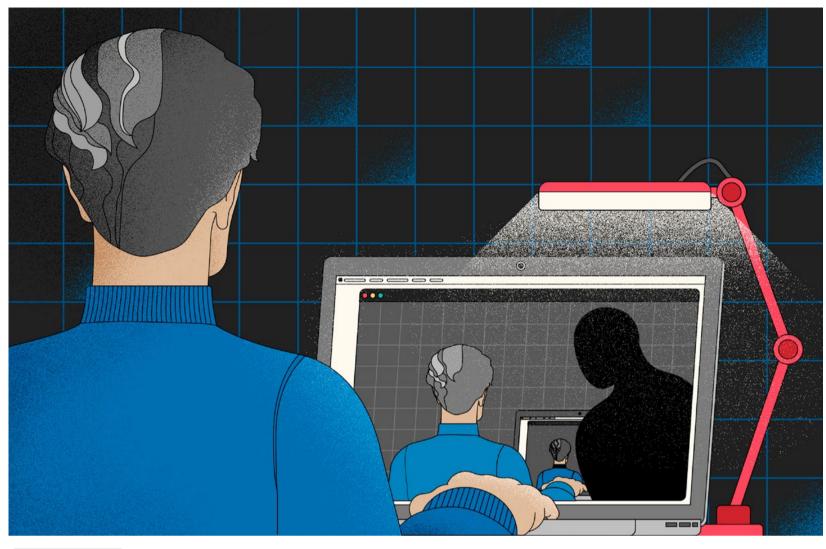
#### Which book do you think every business leader

should read at least once? The Culture Map, by Erin Mayer, is really good. It is aimed at people with an internatonal mindset. I found it so accessible and interesting to learn about how business is done in differen ountries around the world.

#### What single piece of advice would vou offer vour successor when the time comes to hand over at Bupa?

I'd say: "Have fun." This is an industry that's always evolving. New technologies are challenging, but they're also exciting. It's best to approach the changing landscape with a positive attitude and mindset. Enjoy the pressure, enjoy the rush, enjoy having to come up with new ideas all the time.





## Watching you, watching me—what people think about being monitored by their employers

More and more companies are using surveillance technology to keep an eye on what their workers are doing. both at home and in the office. But employees are finding new ways to avoid their gaze

alone. Just over 80% of workers feel to be using a so-called BizOps systheir employers to a moderate or were using work devices for at least partnership with Attest.

These concerns are not unfounded. According to a 2023 analysis of Aware, an AI-powered tool that 50 of the most prevalent employee monitoring tools by online résumé builder StandoutCV, there has been a marked increase in the use of the most common examples of emvideo monitoring, document scan- ployee tracking are more benign ning and attendance tracking since | Half of the 1,000 survey respondits previous review in 2021. One ents reported being asked to log phone-booth maker is even think- their working hours, while 49% said ing about adding heart-rate sensors | that their employers were recording to its office furniture to help monitor people's stress levels.

Employers are becoming increasingly interested in when and where | bossware - software that more their staff are working. The return- closely monitors people's activities to-office push has led firms such as by recording their keyboard and/or EY to monitor the use of employees' access-control cards as they move

that you're being watched | closer tabs on their activities. Last | the practice is well established in at work? If so, you're not | year, fintech firm Monzo was found | call centres and sales teams, that they are being monitored by tem to check that members of staff surveillance has been because there high degree, according to a new 85% of their contracted hours. More survey conducted by Raconteur in recently, Starbucks, Nestlé and AstraZeneca were among a number of companies found to be using

> monitors employees' messages. While such Big Brother methods often capture headlines, some of

Only 8% said they were aware tha their employer was using so-called mouse usage.

Josh Bersin, a global HR techno-Similarly, paranoia about the pro- Bersin Company, notes that the ductivity of remote workers has I tracking of employee activity by I not to monitor people

o you ever get the feeling | caused some businesses to keep | companies is nothing new. Indeed

But he adds: "The recent uptick in is more remote work. Managers are getting bogged down in whether remote employees really are working at home all day. This stuff is useful only when it's used to improve pro ductivity, not to monitor people to ensure that they aren't slacking off.

The survey reveals that 63% of re spondents would consider the use of tracking software for such purposes as a reason to leave their em that this would make them consider quitting. They're significantly less

This stuff is useful only when logy analyst and CEO of The Josh | it's used to improve productivity,

oncerned about the monitoring of office attendance, but 38% would still regard it as a reason for leaving their company if it were to introduce such a measure.

Any organisation that's thinking about introducing workplace monitoring must tread a fine line between being supportive and inadvertently creating a surveilance culture. That's the view of Terez Rijkenberg, chief people officer at business transformation consultancy Socium10X.

"Companies need to be upfront about why they're watching," she warns. "Only by being completely truthful can you foster a culture of trust that withstands the challenges of workplace monitoring."

Havfa Mohdzaini, senior research adviser on data, technology and AI at the Chartered Institute of Personnel and Development, agrees.

"Monitoring technology is not a imple solution for performance problems and does not replace good leadership," she says, "Employers should consider carefully whether employee monitoring is needed and, if they do need to introduce a new monitoring measure, they should be clear about what they're doing so and why.'

Context is also an important consideration, adds Mohdzaini, who would remind any employer that what's acceptable in one setting night not be in another.

The increased use of surveillance is also leading some employees to seek ways to avoid detection. The survey reveals that relatively lowtech methods are most common such as selecting the private setting on a web browser (reported by 14% of respondents), using secure messaging applications such as WhatsApp to chat to colleagues (13%) or setting their status to online while away from the desk (13%).

A small percentage are prepared to go to extra lengths to escape the eyes of their employers, including using virtual private networks to protect their privacy online and sidestep website blocks (7%): deleting spyware applications from their work devices (3%): and installing tools such as mouse jigglers that can fool bossware into thinking that someone is active on their computer when they aren't.

Fewer than half (48%) of those surveyed claim to have never used any method to prevent their employer from monitoring their activities. The fact that more than half have been willing to use deceptive tactics to avoid being tracked points to a breakdown in trust between employees and employers.

Younger workers are particularly wary of the increased use of corpo rate surveillance. Members of gen Z are more likely to feel monitored at work and more frequently seek ways to avoid such surveillance. This is despite the fact they are the most likely age group to agree with the suggestion that workplace monitoring improves productivity.

Simon Watson is global head of innovation at Kinly, a provider of remote and in-office monitoring systems for employers. He believes that there is a perception problem surrounding the technology.

#### If monitoring is excessive or fails to respect the employee's privacy, it can damage trust, cause stress and reduce productivity

"The word 'monitoring' has nega- | businesses. For instance, Amazon's tive connotations in the context of operation in France was recently the workplace, but nobody has an | fined €32m (£27m) for what was issue with the technology when it comes to sharing their personal watchdog to be the "excessive information with Samsung through a fitness tracker," he says.

In Watson's view, too few companies are promoting the employee wellbeing benefits that monitoring video monitoring tools can be used working environment and provide people's attendance. recommendations to optimise light or noise levels.

they're being monitored and it's to its purpose, he adds. clearly communicated that this is Data protection rules will apply to for their wellbeing and a better too much of an issue."

If businesses do decide to monitor sonal data that is collected. employees, any methods should not be excessive and their use needs to Advisory, Conciliation and Arbitration Service.

monitoring is excessive or fails to As the use of monitoring becomes can damage trust, cause stress and understand their legal obligations. employee's legal and human rights | those under surveillance. The bencould be breached."

Overstepping the mark can lead to always outweigh the risks it poses legal and financial punishments for | to good employee relations.

deemed by the French data privacy monitoring of warehouse workers.

Meanwhile, in the UK, The Information Commissioner's Office - which has released guidance on how to comply with data protection systems can provide. For example, law when monitoring employees – ordered Serco Leisure to stop proto analyse an employee's home cessing biometric data to check

Employers must be able to justify the level of detail collected and en-"Monitoring technology gives HR | sure that this aligns with the monimore power to help employees work | toring purpose, warns Gearalt in the best way from wherever they | Fahy, employment law expert and are. It can warn you to turn on a partner at Womble Bond Dickinson. light or take a break. It could even | Personal data has to be processed tell you that it's more economical to lawfully in a fair and transparent go into the office on a given day, as manner; collected only for legitiopposed to staying at home," he mate, specified purposes; and limargues. "If people understand why | ited to what is necessary in relation

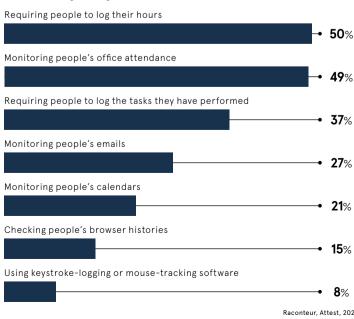
the information that is gathered, work experience, there shouldn't be while employees retain the right to request access to any of their per-

relying on data alone can be misbe justified, stresses John Palmer, leading. Fahy notes that this is a senior adviser at the government's | "particularly relevant for performance monitoring, where factors such as neurodiversity and reason-"Employees are entitled to some able adjustments for disabilities privacy at work, including while may not be reflected in the data and working from home," he says. "If require additional consideration".

respect the employee's privacy, it | ever more prevalent, firms need to reduce productivity. And, in some | They must also be mindful of the circumstances, it is possible that an effects such practices can have on efits of greater oversight may not

#### TIMESHEETS ARE THE MOST COMMON MONITORING METHOD

Which, if any, of the following measures is your employer using to track your activities during working hours?





UK entrepreneurs like Luke Cameron are using TikTok Shop to reach a huge audience of engaged consumers

nree years ago, Luke Cameron had never used TikTok, let alone considered it as a way to build a thriving business. Yet today, the 35-year-old is among a crop of entrepreneurs enjoying huge success on the platform, both as a content creator with more than a million followers and as the owner of a rapidly growing TikTok business.

It all started when Cameron, a former PR and marketing executive, tried TikTok for work. He then decided to give the video-sharing platform a go for himself. Cameron began by posting reviews of consumer goods which quickly went viral

"I remember my first big hit on TikTok a review of a dog hair remover I did when I only had 40 followers," he says. "I posted it before going to bed and woke up the next morning to find it had 1.9 million views. It all started from there."

Using the TikTok handle Lopwert, Cameron developed a knack for creating viral posts and his followers grew exponentially. He began earning ucts tagged in his posts to quit his day



You can go from nothing to everything in hours. One video can change a business overnight

Then, last year, Cameron had a brain- | brand and the community of creators wave and decided to make the leap that support us. from content creator to TikTok entrepreneur. He launched his own TikTok business called Lopwert Loves, using TikTok Shop UK, the innovative marketplace integrated into the TikTok platform. It allows users to go directly from viewing a video where a product is shown, to purchasing the product within the app.

Lopwert Loves specialises in selling "the most viral products on the internet", savs Cameron – typically affordable and functional gadgets such as electric wine bottle openers, video doorbells. advent calendars and LED light strips.

Rather than Cameron reviewing the products himself, he relies on a netvork of 250 like-minded creators who regularly post reviews and take a comission on sales of his products.

In less than a year, Cameron has gone rom running the business by himself to employing a team and making more than £800,000 in turnover. Over the Black Friday period, Lopwert Loves was taking ip to 2,000 orders a day, he adds.

"TikTok is an interesting ecommerce space, as you can go from nothing to everything in hours. One video can change a business overnight."

Cameron says he would never have grown the business as quickly without TikTok Shop. Through the platform, he can manage the entire sales process, while also accessing support from account managers and onboarding spe cialists. All his orders are handled by the 'Fulfilled by TikTok' service, which stores, picks and packs his inventory as well as managing deliveries.

"TikTok's fulfilment service takes care of everything," Cameron says. "I just have to focus on growing the

There are huge potential growth opportunities for entrepreneurs like Cameron on TikTok. The platform offers UK small and medium enterprises (SMEs) access to millions of engaged users, who can easily find products and services they love. As of 2023, over 150 mil lion people across Europe visit TikTok every month and almost 1.5 million UK firms use the platform to boost their business. Almost half (47%) of TikTok users said they'd purchased a product recommended on the platform at least once in the last year, according to research by Oxford Economics in 2023.

Cameron advises anyone looking to become a successful entrepreneur on TikTok to be authentic. "If you are a creator, then you need to be real and honest and really show the product and how it works," he says. "The more deos you make, the more chance you have of selling," he adds.

For SME owners, the approach is nuch the same. Beyond picking the right products, it's about "harnessing the power of TikTok communities to get your products seen by millions".

The key, Cameron says, is building a rustworthy and reliable community of users and creators to give products the best chance of success. "I have helped support other brands as a creator and now creators are helping me," he says `lt's a virtuous circle.

Find out more about TikTok Shop at shop.tiktok.com/business/en



